

01
Chicken Soft Tacos w/ Mexican Rice
 Taco Sauce
 Green Peas
 Carrot Coins
 Fresh Fruit

02
Mini Maple Waffles
 Poultry Sausage
 Tater Tots / Ketchup
 Fresh Baby Carrots
 Peach Applesauce

03
Cheese Pizza+
 Fresh Broccoli
 Sweet Golden Corn
 Fresh Fruit

04
Chicken Tenders
 Dinner Roll / BBQ Sauce
 BBQ Black Beans
 Fresh Cherry Tomatoes
 Fresh Fruit

05
Sweet & Sour Meatballs w/ Brown Rice
 Green Peas
 Tossed Salad / French Dressing
 Fresh Fruit

08
Beef Soft Tacos
 Taco Sauce
 Black Beans
 Fresh Cherry Tomatoes
 Craisins

09
Pizza Dippers+
 Marinara Sauce
 Green Peas
 Fresh Baby Carrots
 Strawberry Applesauce

10
Cheeseburger
 Ketchup / Mustard
 French Fries / Ketchup
 Fresh Broccoli
 Fresh Fruit

11
Rotini w/ Meat Sauce
 Dinner Roll
 Sweet Golden Corn
 Tossed Salad / French Dressing
 Fresh Fruit

12
Chicken Sliders
 BBQ Sauce
 Green Peas
 Carrot Coins
 Fresh Fruit

15
Meatball Sub
 Baked Beans
 Fresh Baby Carrots
 Peach Applesauce

16
Chicken Mashed Potato Bowl w/ Corn & Cheese
 Dinner Roll
 Green Peas
 Fresh Cherry Tomatoes
 Mixed Fruit Cup

17
Chicken Nuggets
 Dinner Roll / Ketchup
 Sweet Golden Corn
 Tossed Salad / Ranch Dressing
 Fresh Fruit

18
Hot Dog
 Ketchup / Mustard
 French Fries / Ketchup
 Fresh Celery Sticks
 Strawberry Applesauce

19
Macaroni & Cheese+
 Fresh Broccoli
 Steamed Carrots
 Fresh Fruit

22
Cheeseburger
 Ketchup / Mustard
 Green Peas
 Fresh Cherry Tomatoes
 Mixed Fruit Cup

23
Mini Maple Pancakes
 Poultry Sausage
 Tater Tots / Ketchup
 Fresh Baby Carrots
 Applesauce

24
Cheese Pizza+
 Pretzel Goldfish Crackers
 Green Peas
 Fresh Celery Sticks
 Fresh Fruit

25
Breaded Chicken Sandwich
 BBQ Sauce
 Black Charro Beans
 Fresh Broccoli
 Craisins

26
Hot Dog
 Ketchup / Mustard
 French Fries / Ketchup
 Tossed Salad / French Dressing
 Fresh Fruit

29
HOLIDAY

30
Cheese Pizza +
 Three Bean Salad
 Steamed Carrots
 Fruit Juice

31
Nacho Combo
 Green Peas
 Tossed Salad / Italian Dressing
 Fresh Fruit

Did you know...?

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- All Juice is 100% Fruit Juice
- * Item Contains Pork + Item Does Not Contain Meat
- ^ Item Contains Fish
- Nutrition and Allergen Information Available at: <http://www.fspro.com/nutrition.html>

Menu Subject to Change

Health & Wellness Message

Color My Plate: Farmer's Market:

When the weather gets warmer, many communities operate farmer's markets. A farmer's market is a place where local farmers sell fruits, vegetables, and other foods directly to consumers. It's a fun and inexpensive way to purchase fresh produce. It's also a great way to support the local economy. To find a farmer's market near you, visit the Department of Agriculture website.