

05
Chicken Soft Tacos w/ Mexican Rice
Taco Sauce

Green Peas
Carrot Coins
Fresh Fruit

06
Mini Maple Waffles
Poultry Sausage

Tater Tots / Ketchup
Fresh Baby Carrots
Peach Applesauce

07
Cheese Pizza+
Fresh Broccoli
Sweet Golden Corn
Fresh Fruit

08
Chicken Tenders
BBQ Sauce / Dinner Roll
BBQ Black Beans
Fresh Cherry Tomatoes
Fresh Fruit

09
Sweet & Sour Meatballs w/ Brown Rice

Green Peas
Tossed Salad / French Dressing
Fresh Fruit

12
Beef Soft Tacos
Taco Sauce
Black Beans
Fresh Chery Tomatoes
Craisins

13
Pizza Dippers+
Marinara Sauce
Green Peas
Fresh Baby Carrots
Strawberry Applesauce

14
Cheeseburger
Ketchup / Mustard
French Fries / Ketchup
Fresh Broccoli
Fresh Fruit

15
Rotini w/ Meat Sauce
Dinner Roll
Sweet Golden Corn
Tossed Salad / French Dressing
Fresh Fruit

16
Chicken Sliders
BBQ Sauce
Green Peas
Carrot Coins
Fresh Fruit

01
Spaghetti & Meatballs
Breadstick
Steamed Broccoli
Fresh Cherry Tomatoes
Fresh Fruit

02
Breaded Chicken Sandwich
BBQ Sauce
Tater Tots / Ketchup
Fresh Celery Sticks
Peach Applesauce

Did you know...?

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- All Juice is 100% Fruit Juice
- * Item Contains Pork
- + Item Does Not Contain Meat
- ^ Item Contains Fish
- Nutrition and Allergen Information Available at: <http://www.fspro.com/nutrition.html>

Menu Subject to Change

Health & Wellness Message

Color My Plate: Farmer's Market:

When the weather gets warmer, many communities operate farmer's markets. A farmer's market is a place where local farmers sell fruits, vegetables, and other foods directly to consumers. It's a fun and inexpensive way to purchase fresh produce. It's also a great way to support the local economy. To find a farmer's market near you, visit the Department of Agriculture website.